BREAKFAST MENU

Herkimer Middle-**High School**

Breakfast is Free | Menu is subject to change | For more information, contact hdussault@oneida-boces.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Happy New Year! No School	No School	No School
Apple Frudel	7 Assorted Whole Grain Muffins & Yogurt	8 Mini Cinni	Nature Valley Oatmeal Round	Snackin' Waffle
Zee Zee Bar	Apple Frudel	National Bagel Day! Whole Grain Bagel with Cream Cheese	Assorted Whole Grain Muffins & Yogurt	Mini Cinni
20 Martin Luther King Jr. Day - No School	21 Nature Valley Oatmeal Round	22 Snackin' Waffle	Zee Zee Bar	24 Whole Grain Bagel with Cream Cheese
27 Apple Frudel	28 Assorted Whole Grain Muffins & Yogurt	29 Lunar New Year – No School	30 National Oatmeal Month! Nature Valley Oatmeal Round	Snackin' Waffle

SchoolPay Available Daily -Yogurt -Assorted Whole Grain Cereals, Zee Zee Bars, Pop-Tarts & Whole Grain Cereal Bars -Fresh Fruit -Chilled Fruit Juice -Ice-Cold New York State Milk OHM BOCES Food Service is an Equal Opportunity Employer.