

BREAKFAST MENU

Herkimer Jr./Sr.
High School

Breakfast is Free | Menu is subject to change | For more information, contact hdussault@oneida-boces.org

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Snackin' Waffle	2 Apple Frudel	3 Whole Grain Bagel with Cream Cheese	4 Nature Valley Oatmeal Round
7 Zee Zee Bar	8 Mini Cinni	9 Snackin' Waffle	10 Apple Frudel	11 Whole Grain Bagel with Cream Cheese
14 No School!	15 Assorted Whole Grain Muffins & Yogurt	16 Mini Cinni	17 Snackin' Waffle	18 Apple Frudel
21 Whole Grain Bagel with Cream Cheese	22 Zee Zee Bar	23 Assorted Whole Grain Muffins & Yogurt	24 Mini Cinni	25 Snackin' Waffle
28 Apple Frudel	29 Whole Grain Bagel with Cream Cheese	30 Nature Valley Oatmeal Round	31 Assorted Whole Grain Muffins & Yogurt	



- Available Daily
- Yogurt
- Assorted Whole Grain Cereals
- Assorted Zee Zee Bars
- Assorted Cereal Bars
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

OHM BOCES Food Service is an
Equal Opportunity Employer.

