

# BREAKFAST MENU

Herkimer Elementary  
School

Breakfast is Free | Menu is subject to change | For more information, contact [hdussault@oneida-boces.org](mailto:hdussault@oneida-boces.org)

## OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancake Sausage Stick	2 Apple Frudel	3 Whole Grain Bagel with Cream Cheese	4 Nature Valley Oatmeal Round
7 Mini Cinni	8 Whole Grain Pancakes	9 Assorted Whole Grain Muffins & Yogurt	10 Zee Zee Bar	11 Snackin' Waffle
14 No School!	15 Breakfast Sandwich	16 Homemade Blueberry Muffin or Muffin Bar & Yogurt	17 Mini Cinni	18 Apple Frudel
21 Whole Grain Bagel with Cream Cheese	22 Zee Zee Bar	23 Snackin' Waffle	24 Good Morning Wrap	25 Mini Cinni
28 Apple Frudel	29 Breakfast Sandwich	30 Nature Valley Oatmeal Round	31 Apple Cinnamon Muffin Bar & Yogurt	



- Available Daily
- Yogurt
- Assorted Whole Grain Cereals
- Whole Grain Toast
- Fresh Fruit
- Chilled Fruit Juice
- Ice Cold New York State Milk

OHM BOCES Food Service is an  
Equal Opportunity Employer.

